

**25TGFCQ009**  
**Career Exploration - Professional Development**

**Touch Gift Foundation, NFP®**  
**General Adult Education (AE) Courses**

Code	Course Code	Days/Time	Title	Instructor(s)	Method	Contact Hours	Hours
CQ009	25TGFCQ009	W, 6-8 PM	<b>Program</b> Career Quest   Mapping Your Path to Success	Laisha McDaniel	Hybrid	36	2.40
CQ009	25TGFCQ009	W, 6/4/25, 6-7:30 PM	<b>Orientation</b>	Laisha McDaniel	Hybrid	2	0.13
CQ 001	25TGFSS001	W, 6/11/25, 6-8 PM	Unlocking You: Discover Your Strengths & Interests	Laisha McDaniel	Remote	2	0.13
CQ 002	25TGFSS002	W, 6/18/25, 6-8 PM	Career GPS: Exploring Your Path & Industry Trends	Laisha McDaniel	Remote	2	0.13
CQ 003	25TGFSS003	W, 6/25/25, 6-8 PM	Mastering the Clock: Time Management for Career Success	Laisha McDaniel	Remote	2	0.13
CQ 004	25TGFSS004	W, 7/2/25, 6-8 PM	Vision to Reality: Goal Setting & Career Roadmap	Laisha McDaniel	Remote	2	0.13
CQ 005	25TGFSS005	W, 7/9/25, 6-8 PM	Brand YOU: Professional Image & Career Readiness	Laisha McDaniel	Remote	2	0.13
CQ 006	25TGFSS006	W, 7/16/25, 6-8 PM	Beyond the Job: Corporate Social Responsibility & Career Impact	Laisha McDaniel	Remote	2	0.13
CQ 007	25TGFSS007	W, 7/23/25, 6-8 PM	The Power of Connections: Leveraging Your Network	Laisha McDaniel	Remote	2	0.13
CE 099	25TGFSS099	7/27/25 - 8/15/25	Practicum/Internship	Internship	In-Person	20	1.33

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<b>CQ 001</b>	25TGFSS001	McDaniel	Unlocking You: Discover Your Strengths & Interests	2	0.13
W, 6/11/25 6-8 PM	Remote	This session is designed to help participants develop self-awareness by identifying their unique strengths, interests, and core values. Through interactive activities, guided reflection, and assessment tools, attendees will explore their personal attributes and how they align with potential career paths. Participants will leave with a clearer understanding of their natural talents and passions, empowering them to make informed decisions about their professional and personal growth.			
<b>CQ 002</b>	25TGFSS002	McDaniel	Career GPS: Exploring Your Path & Industry Trends	2	0.13
W, 6/18/25 6-8 PM	Remote	This session will equip participants with the knowledge and tools to navigate career exploration effectively. By examining various career pathways, industry trends, and emerging job markets, attendees will gain insights into opportunities that align with their strengths, interests, and long-term goals. Participants will also learn how to research high-growth industries, salary expectations, and career clusters to make informed decisions about their professional journey.			
<b>CQ 003</b>	25TGFSS003	McDaniel	Mastering the Clock: Time Management for Career Success	2	0.13
W, 6/25/25 6-8 PM	Remote	This session focuses on building essential time management skills to help participants effectively balance career aspirations, education, and personal life. By learning practical strategies for prioritization, productivity, and focus, attendees will develop habits that support long-term career success and personal well-being.			
<b>CQ 004</b>	25TGFSS004	McDaniel	Vision to Reality: Goal Setting & Career Roadmap	2	0.13
W, 7/2/25 6-8 PM	Remote	This session empowers participants to craft a strong personal brand and market themselves effectively in the professional world. By developing essential career readiness skills—including resume writing, networking, and professional etiquette—attendees will gain the confidence to stand out in job searches and career advancement opportunities.			
<b>CQ 005</b>	25TGFSS005	McDaniel	Brand YOU: Professional Image & Career Readiness	2	0.13
W, 7/9/25 6-8 PM	Remote	This session empowers participants to craft a strong personal brand and market themselves effectively in the professional world. By developing essential career readiness skills—including resume writing, networking, and professional etiquette—attendees will gain the confidence to stand out in job searches and career advancement opportunities.			
<b>CQ 006</b>	25TGFSS006	McDaniel	Beyond the Job: Corporate Social Responsibility & Career Impact	2	0.13
W, 7/16/25 6-8 PM	Remote	This session explores the role of Corporate Social Responsibility (CSR) and ethical leadership in today's professional landscape. Participants will learn how businesses contribute to social good and discover ways to integrate purpose-driven work into their careers. By understanding the impact of ethical decision-making and community engagement, attendees will be equipped to make meaningful contributions beyond their job roles.			
<b>CQ 007</b>	25TGFSS007	McDaniel	The Power of Connections: Leveraging Your Network	2	0.13
W, 7/23/25 6-8 PM	Remote	This session focuses on the importance of building and nurturing professional relationships to support career growth. Participants will learn effective networking strategies, how to cultivate meaningful connections, and the impact of mentorship and sponsorship on career advancement. Additionally, attendees will explore the hidden job market and how networking can open doors to new opportunities.			